

UNIVERSITY EXPLORATORY STUDIES PROGRAM

*Explore Academic Options at
Oregon State University*



Oregon State
University

2020-21 UESP HANDBOOK

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University Exploratory Studies Program (UESP) Syllabus

102 Waldo Hall -- Oregon State University

Phone: (541)737-8144 -- <http://uesp.oregonstate.edu>



(R)-- <http://www.facebook.com/UESPadvising>

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UESP Mission

UESP is an integral part of the Office of the Dean of Students and is the academic home for undecided/exploratory students at Oregon State University. The mission of UESP is to provide academic advising and major and career exploration assistance to undergraduates, both new and transitional, who wish to investigate the educational opportunities available at OSU. In accordance with OSU's mission, we strive to enhance the OSU learning environment for our students.

The UESP advisors aim to assist students in making well-informed decisions regarding degree programs and course selection, obtaining accurate information regarding academic programs of study, making connections with academic college head advising offices, assessing career goals in relation to interests, skills and values and accessing other sources of assistance and student support provided by OSU.

UESP Advising Outcomes

1. Per the university requirement, UESP students should complete the First Year Skills courses (Writing I, Speech, and Mathematics) in the Baccalaureate Core by the time they have earned 45 OSU-generated credits, and the Second Year Skills course (Writing II) by the time they have finished 90 OSU-generated credits.
2. UESP students should know how to access and utilize MyDegrees, OSU's online degree audit system.
3. UESP students should engage with active exploration activities and resources.
4. UESP students should pursue involvement outside of the classroom.
5. UESP students should set goals related to major declaration in alignment with UESP's defined major-decision making process.

Affirmation of Equity

The University Exploratory Studies Program is strongly committed to equity and to opposing discrimination, prejudice, and oppression. We promote an environment of inclusiveness where we value and celebrate each other's differences and extend this spirit to the populations we serve, treating all with dignity and respect. Our belief is that diversity enhances the environments we work in, the University and our larger communities; it enriches us all. We are committed to continued growth in our understanding of diversity issues and strive to integrate diversity awareness into all aspects of our work. We believe that this enables us to provide services within a climate of openness, trust, and safety. This diversity statement represents our ongoing commitment to ourselves, to the people we serve, and to the university community.

As advisors, we are dedicated to establishing a learning environment that promotes diversity of the students' race, culture, gender, sexual orientation, and physical ability. If you feel discriminated against, or notice discriminatory behaviors, please bring it to our attention.

Disability Statement

It is helpful for academic advisors to have knowledge of any documented physical or learning disabilities students have as it can aid us in supporting their academic and major exploration. That said, we respect that the decision to disclose is an individual choice and invite students to do so at their discretion. Accommodations for students with disabilities are determined and approved by Disability Access Services (DAS). If you, as a student, believe you are eligible for accommodations but have not obtained approval please contact DAS immediately at 541-737-4098 or at <http://ds.oregonstate.edu>. DAS notifies students and faculty members of approved academic accommodations and coordinates implementation of those accommodations. While not required, students and faculty members are encouraged to discuss details of the implementation of individual accommodations.

UESP Program Goals

- Provide a structured and supportive environment for students to explore OSU's academic options
- Assist students in understanding the nature, purpose, and potential of higher education
- Provide knowledgeable, informed, and accessible advisors
- Collaborate with students to clarify interests, values, and abilities to aid their meaning-making and major selection
- Introduce and promote utilization of university resources and degree progress technology
- Regularly communicate with students regarding classroom and experiential opportunities to aid their major decision-making.
- Perpetuate a program culture of excellence and continuous improvement

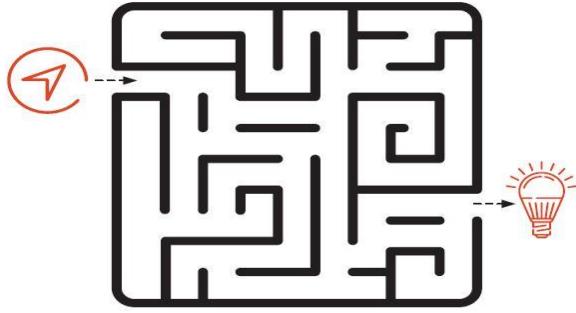
Advisor-Advisee Responsibilities

As an advisee, you should:

- Understand and accept that you are ultimately responsible for your education and your own decisions.
- Initiate a purposeful relationship with your advisor and make appointments when requested and/or when necessary.
- Utilize the technological resources available to you (MyDegrees, OSU Online Catalog and Schedule of Classes, Baccalaureate Core website, your college, school, or department website) to inform yourself on your degree requirements and options.
- Prepare for and be active in your advising session, and ask questions when you have them.
- Work to clarify your personal values, abilities, and goals and share them with your advisor.
- Provide accurate and truthful information when being advised.
- Keep your local address and phone up to date in Student Online Services and utilize and check your Oregon State email account daily for important information coming from your advisor and the institution.
- Learn and understand OSU's policies, procedures, and requirements as they relate to your academic success and/or degree completion.
- Follow through on plans-of-action identified during advising sessions.
- Be aware of and abide by academic calendar deadlines.
- Call to cancel appointments that cannot be kept.

Your advisor should:

- Develop a purposeful relationship with and be an advocate for their advisees.
- Inform students of the nature of the advisor/advisee relationship.
- Assist students in defining and developing expressed educational, career, and life plans.
- Provide timely and accurate educational information.
- Promote learning opportunities that will help students define or meet personal goals and plans.
- Assist students in preparing a program that is consistent with their abilities and interests.
- Monitor progress toward educational/career goals.
- Interpret and provide rationale for institutional policies, procedures, and requirements.
- Inform inquiring students of campus resources and special services available to them.
- Refer students to those resources that can enhance or supplement their academic or personal experience.



EXPLORE IN 4

--take one to four terms to explore majors--

For anyone starting at OSU in the summer of 2017 or after, UESP is implementing a 4-Term Limit for students to explore major options via our program.

Why? A few reasons...

- There are benefits to exploration, and there are benefits to being in a declared major. Data gathered by EAB shows that there is a “Productive Exploration Window”¹, and that students who do their exploration within the first 4 terms are more likely graduate in 4 years. Extend beyond that and you increase the likelihood of a longer time-to-degree.
- Not everyone graduates in 4 years, but it is a good goal to have. Being a university student is expensive. If you are in a situation where you can be aggressive with your exploration and your degree progress, that will help you manage those costs.
- Majors will sometimes have “majors-only” restrictions on their classes, and it is not uncommon for those to start in the second year if not sooner.
- Having a time-limit will help us help you stay on track with your exploration and getting a degree from OSU.

But what if...

- **I declare and then decide I'm not happy with my choice and want to return to UESP?**
 - If you haven't exhausted your 4-term limit, then it is fine to come back to UESP. At the beginning of the next full term, we'll just start the term-limit clock where you left off.
 - If you have, then you still have access to UESP advisors for major exploration discussions via non-UESP appointments.
 - You can petition for extension.
- **I exhaust my UESP eligibility and can't get into my first choice of major because I don't have high enough grades?**
 - Parallel plans will be part of the discussion throughout the advising relationship, but especially in terms 3 and 4. It is good for every student to have an alternative option in mind.
 - If the major is realistically within reach for you within another term or two, you can pursue the petition for extension.
- **I take a break and take a term or multiple terms off from school?**
 - Only enrolled terms at OSU count towards the 4-term limit.

What about summers?

- Summer terms are not counted. We only factor fall, winter, and spring into the term limit count.

What is this “Petition for Extension” you mentioned multiple times?

- Good question. This is a process that provides an exception for unique circumstances where you truly need more time to explore or before you can declare into your desired major. If you get to your 4th term with us, and you haven't declared, we are going to withhold your registration PIN and ask you to justify why you need to stay in UESP. You'll provide this justification via an online petition form.

¹ EAB (2016). Promoting timely degree completion: reconciling student choice and the four-year graduation imperative. Retrieved on April 21, 2017 from https://www.eab.com/-/media/EAB/Research-and-Insights/AAP/Studies/2016/Promoting-Timely-Degree-Completion/34022_EMF_AAP_Timely_Degree_Completion.pdf

What Happens in UESP Advising Appointments

START Appointment

This typically occurs at New Student Orientation (aka START) prior to your first term. The intent is to introduce you briefly to the OSU academic environment and some of the tools and rules to help you be successful.

- You'll get important materials relative to your academics from OSU and from UESP.
- You'll interact with UESP advisors in group and individual settings. The UESP advisor you interact with at START may or may not be the advisor you meet with once you actually start your first term.
- You'll discuss the role of the Baccalaureate Core and how it intersects and relates to majors you are exploring.
- You may discuss prior experiences with college level coursework – AP, IB, or transfer credits from another institution.
- You'll develop a first term schedule that may incorporate first-year skills courses, introductory courses in your major or any majors you're exploring, and courses designed to help you with your transition into OSU.
- You'll learn how to use the **MyOSU Portal** to access **MyDegrees** (including the Planner) and the Online Registration System to sign up for your first term of classes at OSU.

Regular Advising Appointments (during the term)

Your face-to-face interactions with your UESP advisor at subsequent appointments should occur prior to your registration for the next term. We will primarily do these through Zoom in the fall, and make a decision later about winter and spring. These appointments will help you to examine current experiences and plan for future ones and move forward on deciding on a major. While you are in UESP, we will need to meet with you every term for a mandatory 30 minute appointment between week 4 and week 9. It is best to initiate contact no later than the end of week 5, so you can be assured to get in prior to your priority registration date.

During these appointments, you may:

- Discuss what you like and dislike about your courses and reflect on your learning thus far.
- Discuss intentional exploration activities you might pursue to help you move forward with your major-decision making.
- Discuss campus or online resources that might support any academic or personal concerns/challenges you've faced.
- Revisit the degree components (**Bacc Core**, major requirements, etc.) and discuss their implications towards your next term course possibilities.
- Review the “tools” – **MyDegrees, MyOSU portal, Scheduler, and Online Catalog and Schedule of Classes**.
- Refine or develop a list of potential next term courses (including any necessary **First Year Skills Requirement** courses) and receive a registration PIN.
- Discuss co-curricular/experiential education participation and opportunities, as your advisor may have suggestions for out-of-classroom involvement related to your interests.

Scheduling an appointment with your UESP advisor:

You can either...

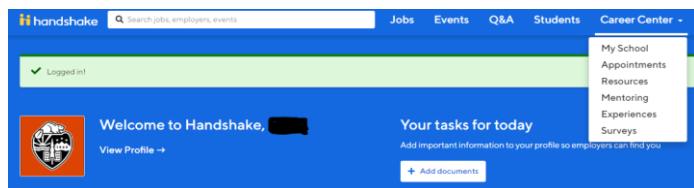
1. Call our front desk at 541-737-8144, or
2. Request an appointment online using **Handshake** (see the next page for more details)

Scheduling an appointment using handshake

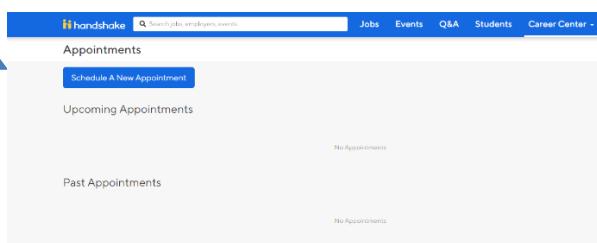
Please follow directions below to schedule an appointment with your academic advisor:

[Log into Handshake](#) using your ONID username and password here

<https://oregonstate.joinhandshake.com/login>



The screenshot shows the Handshake homepage. At the top, there is a navigation bar with tabs for Jobs, Events, Q&A, Students, and Career Center. The 'Career Center' tab is highlighted with a blue background. Below the navigation bar, there is a green header bar with the text 'Logged in!' and a search bar. The main content area has a blue header 'Welcome to Handshake, [REDACTED]' and a section titled 'Your tasks for today' with a button '+ Add documents'. On the right side of the main content area, there is a sidebar with options: 'My School', 'Appointments', 'Resources', 'Mentoring', 'Experiences', and 'Surveys'. A blue arrow points from the text 'On navigation bar click on the "Career Center" tab and select "Appointments"' to the 'Appointments' link in the sidebar.



The screenshot shows the 'Appointments' page. At the top, there is a navigation bar with tabs for Appointments, Schedule a New Appointment, Upcoming Appointments, and Past Appointments. The 'Schedule a New Appointment' tab is highlighted with a blue background. Below the navigation bar, there is a section titled 'No Appointments' with a button '+ Add documents'. A blue arrow points from the text 'Select "Schedule a New Appointment" You may see multiple categories on this list. Current UESP students should look for the category that looks like this:' to the 'Schedule a New Appointment' button.

On navigation bar click on the “Career Center” tab and select “Appointments”

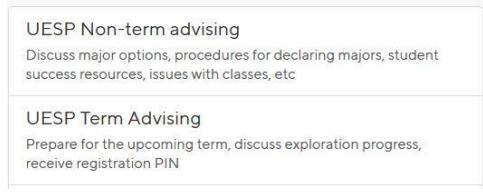
Select “Schedule a New Appointment” You may see multiple categories on this list. **Current UESP students** should look for the category that looks like this:

University Exploratory Studies Program (UESP)
Appointments



Next, select a specific appointment type.

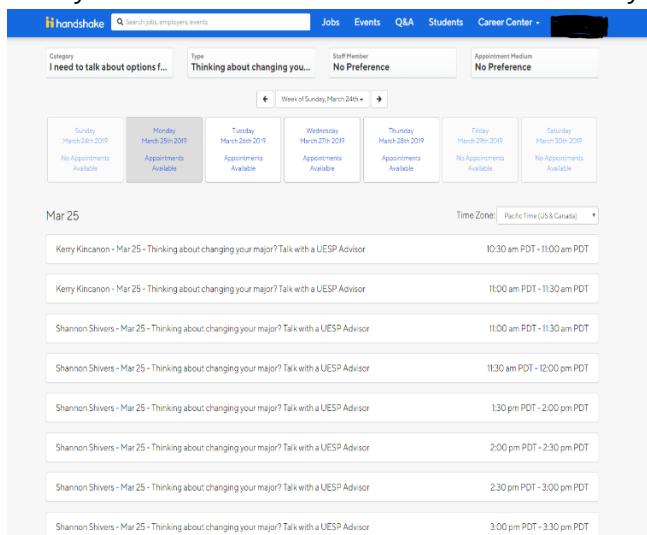
Choose an Appointment Type



The screenshot shows a dropdown menu titled 'Choose an Appointment Type'. It contains two items: 'UESP Non-term advising' and 'UESP Term Advising'. The 'UESP Non-term advising' item is described as 'Discuss major options, procedures for declaring majors, student success resources, issues with classes, etc.'. The 'UESP Term Advising' item is described as 'Prepare for the upcoming term, discuss exploration progress, receive registration PIN'.

If we are doing our mandatory term check-in (typically in weeks 5-10 of the term), choose the “UESP Term Advising” option. Other types of appointments – registration troubleshooting, major exploration counseling, academic issues – choose “UESP Non-Term Advising.”

Then you will be able to choose a time and date for your appointment.



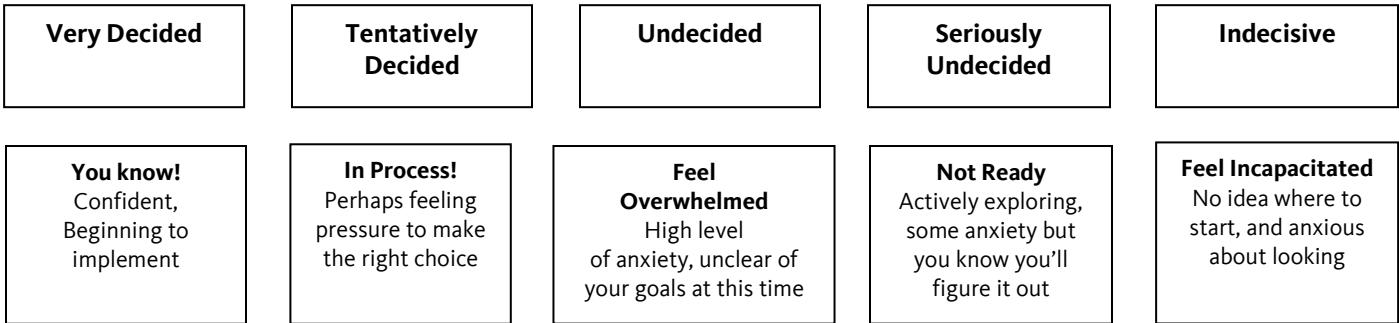
The screenshot shows the 'Choose a Date and Time' page. At the top, there are filters for Category ('I need to talk about options f...'), Type ('Thinking about changing you...'), Staff Member ('No Preference'), and Appointment Medium ('No Preference'). Below the filters, there is a date selector showing 'Sunday March 24th 2019' and a 'Week of Sunday March 24th' dropdown. The main content area shows a grid of appointment slots for 'Mar 25'. Each slot includes a staff member's name, a brief description, and a time range. For example, 'Kerry Kincanon - Mar 25 - Thinking about changing your major? Talk with a UESP Advisor' is listed with times 10:30 am PDT - 11:00 am PDT and 11:00 am PDT - 11:30 am PDT. Other staff members listed include Shannon Shivers and others.

After you choose a date and time keep an eye out for an email confirmation saying the advisor has confirmed the appointment. Note that Handshake has a glitch that sometimes causes the time in appointment notifications to dramatically shift time zone! Know that the original time you selected is correct, and we will do our best to follow up with a second email that confirms your time. Also, you will be notified if the advisor has to adjust the time of the appointment. Login to Handshake and find the appointment if you need to request changes or cancel the appointment. **You can also edit your notification preferences to get reminders by text if you prefer.** Just make sure your cell number is in your profile and then go to the notifications section to edit your notification preferences. If you need help setting this up, just ask your advisor!

Deciding on a Major

The Decisiveness Continuum

Just as there are numerous reasons for deciding to explore, there are many different points along the continuum from Indecisive to Very Decided. Where do you currently fall on this continuum? Ideally we are working towards you being Very Decided!



(Source: Gordon, V. (1998) Career Decidedness Types: A Literature Review. *The Career Development Quarterly*, 6 (4), 386-403.)

Think Thematically!

OSU has a lot of major options. For some students, it is easier to start your exploration by thinking broadly about thematic areas or "Meta Majors". What **Meta Major** area or areas appeal most to you? See the list below along with a sampling of majors that fit each theme.

ARTS & SOCIAL SCIENCE (e.g. Environmental Economics & Policy, Interior Design, Natural Resources, Human Development and Family Sciences, Photography, English, History, Speech Communication, Political Science, Graphic Design, Religious Studies)

BUSINESS (e.g. Agricultural Business Management, Accounting, Management, Marketing, Merchandising Management, Construction Engineering Management, Renewable Materials, Health Management & Policy, Economics)

ENGINEERING, COMPUTER, & INFORMATION SYSTEMS (e.g. BioResource Research, Business Information Systems, Chemical Engineering, Civil Engineering, Computer Science, Mechanical Engineering, Forest Engineering)

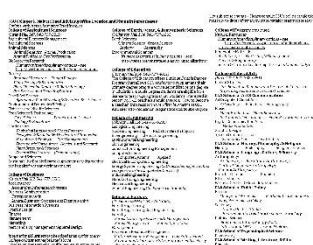
HEALTH & WELLNESS (e.g. Food Science & Technology, Radiation Health Physics, Kinesiology, Nutrition, Human Development & Family Sciences, Public Health, Biology, BioHealth Sciences, Biochemistry/Biophysics)

OCEANS & COASTS (e.g. Biology, Earth Sciences -Ocean Science, Fisheries and Wildlife, Environmental Sciences, Microbiology, Zoology)

SCIENCE & NATURAL RESOURCES (e.g. Forestry, Natural Resources, Recreation Resource Management, Renewable Materials, Agricultural Sciences, Animal Sciences, BioResource Research, Crop & Soil Science, Horticulture, Environmental Sciences, Geology, Ocean Science, Climate Science, Biology, Chemistry, Physics, Mathematics, Zoology)

TEACHER EDUCATION (e.g. Education Double Degree, Agricultural Sciences, Biology, Chemistry, Mathematics, Physics, Human Development and Family Sciences, Liberal Studies, English, French, German, Spanish, Music, History)

Think Specifically!



Visit this website to access a 2-page PDF that includes OSU's Colleges and Majors. A great exercise to go through this list and cross off the majors you know you don't want to pursue. Highlights ones that appeal to you and make notes of the ones that are unfamiliar to you, so you can do more research.

<https://beav.es/4qv>

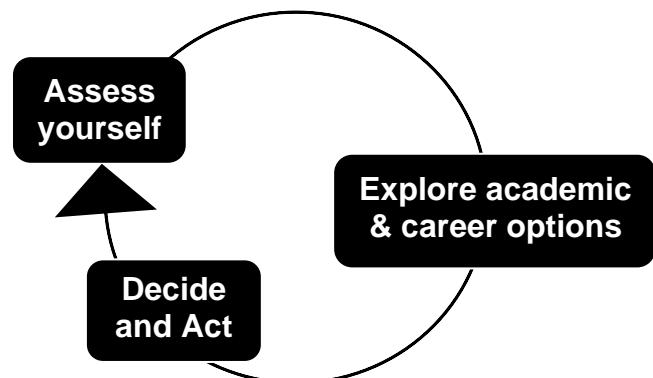
Exploration Coursework

ALS 114: Career Decision Making

Not sure how to get started exploring majors? Try the class ALS 114, Career Decision Making, which will provide structure to your exploration. The class is set up to first guide you through assessing your interests, values, personality and skills. After gaining a better understanding of yourself, you will start researching majors and careers by using online and campus resources. By the end of the class, you will have outlined goals and created a plan of what steps you will take next. This class is offered fall, winter, and spring.

Sample class activities:

- Myers-Briggs Type Indicator
- SuperStrong Interest Inventory
- College presentation
- Goal setting
- Informational interview
- Career research



ALS 199: UESP Transition Seminar

New first-year students in UESP have access to this class in fall term. This class is designed to support UESP students in their transition to the university. This class provides an introduction to foundational experiences and resources to support academic and personal exploration at OSU. Students in this class utilize tools to identify strengths, values, interests and preference as they relate to academic pathways at OSU.

Exploratory Courses

Want to try out a subject? Consider taking an introductory course. Here are some exploratory courses for fall 2020.

AG 111: Information Technology in Agriculture (3) – often restricted to majors

AEC 121: Discovering Agricultural & Resource Economics (1)

ANS 100: Orientation to Animal and Rangeland Sciences (1)

ANS 121: Intro to Animal Sciences (4) bc - lab class; ANS 121H: lab class – honors section

ANTH 101: Intro to Anthropology (3) bc

ANTH 210: Intro to Cultural Anthropology (3) bc

ART 100/ART 199: Art Orientation (1)/Studio Orientation (1) (majors/minors only but overrides may be possible)

ART 101: Intro to Visual Arts (3) bc

ART 131: Drawing Core Studio (4) (one section available for non-majors with an override)

ART 204: Intro to Western Art: Prehistory to the High Middle Ages (3) bc

AS 111: Foundations of the Air Force Part I (1) (enroll in AS 120 Leadership Lab as well if AFROTC)

ATS 201: Climate Science (4) bc

BA 160: B-Engaged (3) (a few sections for non-majors)

BB 111: Biochemistry & Biophysics Research (1) majors only

BEE 101: Ecological Engineering 1 (3)

BI 197: Biology Pre-Health First-Year Seminar (1) – majors & UESP

BI 198: Biology and Zoology First-Year Seminar (1) – majors & UESP

BHS 110: BioHealth Sciences Orientation (1)

BRR 100: Great Experiments in Bioresource Sciences (2)

CBEE 101: Chemical, Bio, Environmental ENGR orientation (3); CBEE 101H – honors college
CCE 101: Civil & Construction Engr. Orientation (2) - (MTH 112 or MTH 251) + MTH 111; majors & UESP
CH 220: Careers in Chemistry (1) (majors only)
COMM 111: Public Speaking (3) bc
COMM 114: Argument & Critical Discourse (3) bc
COMM 218: Interpersonal Communication (3) bc
CS 160: Computer Science Orientation (3) – Lower-division only; laptop required; CS 160H – honors college
CS 161: Introduction to Computer Science I (4) - MTH 112 (Best to take CS 160 if you haven't programmed)
CROP 101: Intro to Horticulture, Crop, Soil, & Insect Sci (1)
ECON 201: Intro to Microeconomics (4) bc
ECON 202: Intro to Macroeconomics (4) bc
ECE 111: Intro to ECE: Tools (3) – pre/coreq MTH 111
ED 216: Purpose, Structure, and Function of Education in a Democracy (3) bc; ED 216H – honors college
ED 219: Social Justice and Multiculturalism in Education (3) bc
ENGR 199: Engineering Orientation I (3)
ENG 200: Library Skills for Literary Studies (1) – (hybrid), open to all, but required for English majors
ENSC 101: Environmental Sciences Orientation (1)
ENT 101: Intro to Crop, Soil, & Insect Science (1)
ES 101: Introduction to Ethnic Studies (3) bc
FE 101: Introduction to Forest Engineering (2) – majors only
FES 240: Forest Biology (4) bc
FW 107: Orientation to Fisheries & Wildlife (1)
FST 101: Food Science Orientation (1) – meets for the first 5 weeks of the term
FOR 111: Intro to Forestry (3)
GEO 201: Physical Geology (4) bc
GEOG 201: Foundations of Geospatial Science and GIS (3) bc
H 100: Introduction to Public Health (4) - hybrid
H 210: Intro to the Health Care System (3) bc – hybrid
H 225: Social and Individual Health Determinants (4) bc
HDFS 201: Contemporary Families in the US (3) bc - hybrid
HDFS 240: Human Sexuality (3) bc
HDFS 262: Introduction to Human Services (3)
HORT 112: Intro to Horticultural Systems, Practices, & Careers (2) – required field trips
KIN 131: Intro to Exercise & Sport Science (1) – end 11/1/19
KIN 230: Intro to Adventure Programming (3) – Required field trip Oct 11-13, meets 8 weeks
MIME 101: Mech, Industrial, Manufacturing ENGR Orientation (3)
MS 111: Military Science I: Intro to Army Leadership & ROTC (1) (Army ROTC students also take MS 130)
MUS 111: The Fundamentals of Music Technology (3) – Department approval required

MUS 121: Literature & Materials of Music I (3) – Dept approval required, 1st in Music Theory sequence (must be taken in order)

NMC 100: New Media and Culture (3) bc

NMC 101: Intro to New Media Communications (3) bc (NMC 101H also available for Honors)

NMC 245: Cultural Analytics and Data Science (3)

NS 111: Intro to Naval Science (3)

NSE 114: Intro to Nuclear Engineering & Radiation Health Physics (3)

NUTR 104: Orientation to Nutrition Major (1)

PHAR 210: Terminology of the Health Sciences (2)

PHL 205: Ethics (4) bc

PS 201: Intro to U.S. Government (4) bc

PS 204: Intro to Comparative Politics (4) bc

PS 205: Intro to International Relations (4) bc

PS 206: Intro to Political Thought (4) bc

PSY 201, 202: General Psychology (3, 3) bc

QS/WGSS 262: Intro to Queer Studies (3) bc

RNG 121: Intro to Wildland Ecology (4) bc

SOC 204: Intro to Sociology (3) bc

SOC 241: Intro to Crime & Justice (3)

SOIL 101: Intro to Horticulture, Crop, Soil, & Insect Science (1)

SUS 102: Intro to Environmental Science & Sustainability (4) bc

SUS 103: Intro to Climate Change(4) bc

TA 147: Intro to the Theatre (3) bc

TRAL 251: Recreation Resource Management (4)

VMB 110: Preveterinary Medicine (1)

WGSS 110: Gender, Race, and Pop Culture (3) bc

WGSS 111: Feminist Perspectives on Current Events bc

WGSS 223: Intro to Women, Gender, and Sexuality Studies (3) bc

WSE 111: Renewable Materials for a Green Planet (2)

WSE 210: Renewable Materials Technology & Utilization (4)

WSE/ART 211: Woodturning with Science 1 (4) small studio class

WSE 250: Computer Aided Design for Wood Products (3) small studio class

DECIDING TO EXPLORE -- EXPLORATION TO-DO LIST

Choose the activities you want to use to explore your interests

Exploration Activity	Fall Term	Winter Term	Spring Term
Take ALS 114: Career Decision Making			
Review the “What Can I Do with My Major” site: http://career.oregonstate.edu/students/career-major-exploration/choosing-or-changing-major/what-can-i-do-my-major			
Run a “What-if” scenario in MyDegrees for a major of interest			
Complete a self-assessment inventory (Myers-Briggs Type Indicator, Superstrong, etc.)			
Meet with professors in a major of interest			
Meet with academic and career advisors in a major of interest			
Seek input from peers in a major of interest			
Seek input from friends or family members			
Attend an open house, info session, or event for a major of interest (e.g. Fridays in Austin, Undergrad Engineering Expo)			
Attend a Career Expo (and fall Majors Fair!)			
Take a class (or classes) specifically to learn more about a major of interest			
Review the online catalog and/or department web sites to learn more about a major interest			
Complete an informational interview			
Engage in a job shadow for a career area of interest			
Use resources on the UESP web site (O*NET, Occupational Outlook Handbook, Interests, Values and Abilities Worksheet, Exploring Major Options page) - http://uesp.oregonstate.edu			
Join a student organization related to a major of interest			
Participate in a service learning (or community service) project related to a major or majors of interest			
Other...			

UESP Canvas Studio Site

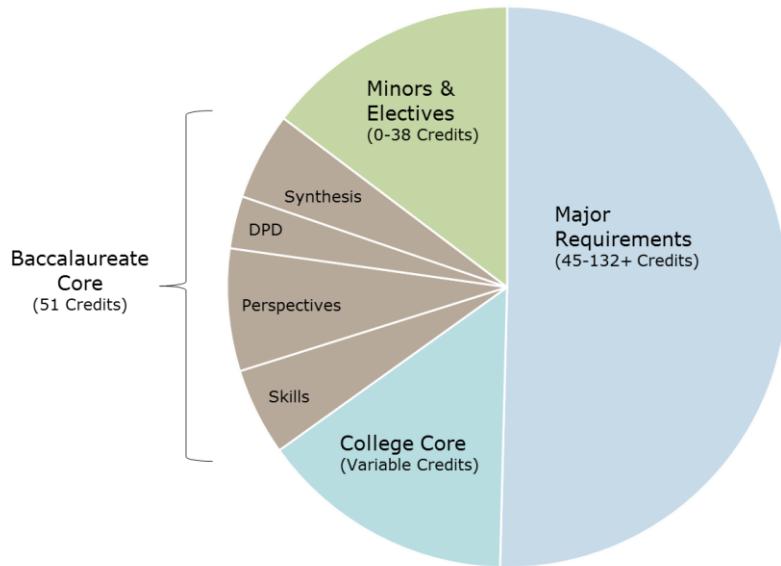


Shortly after your START orientation, we'll enroll you in a UESP studio site that will show up for you when you log into **Canvas**. You'll regularly interact with Canvas. It is the online Learning Management System that supports the classes you take. Most of your OSU classes will have Canvas site that will serve as an repository for information, learning modules, and assignments. Your UESP studio site is similar in that it has helpful information about UESP and the broader university and a number of exploration activities that you can access on your own or that your advisor may encourage you to use to help you work through the major exploration process. Here is what the landing page for the studio site looks like:

<u>Exploration Process</u>	<u>Exploration To Do List & Activities</u>
<u>Exploration Events</u>	<u>Decide & Act</u>
<u>UESP Info & Materials</u>	<u>Tools, Rules, & Resources</u>

What goes into a degree at OSU?

180 credits minimum for a degree



OSU Baccalaureate Core

Get connected to the Baccalaureate Core, also known as the Bacc Core. The Bacc Core is the general education foundation for all OSU undergraduate degrees. Through the Bacc Core, students will:

- Build foundational skills like writing, speech, and mathematics
- Gain knowledge and perspectives across academic fields and diverse cultures
- Develop abilities of analysis, critical thinking, and problem solving

You will take some Bacc Core courses your first year and will continue to take classes to fill these requirements throughout your time at OSU. The Bacc Core website can provide a general overview of requirements, learning outcomes of the categories, and the Bacc Core playlist options. Here is a link to the Bacc Core website: <http://main.oregonstate.edu/baccalaureate-core>.



Site Directory » Baccalaureate Core

[BACCALAUREATE CORE PLAYLISTS](#)

[CURRENT STUDENTS](#)

[FACULTY AND ADVISORS](#)

[PARENTS AND FAMILIES](#)

[TRANSFER STUDENTS](#)

Oregon State University Terminology

Alpha Scheduling: The Writing 1 category in the Bacc Core is alpha scheduled. The Speech category is not officially alpha-sectioned, but students often try to take it in a term when they are not taking WR 121. You typically will register for an alpha-scheduled course when the alphabetical grouping corresponds to the first letter of your last name. There are a handful of non-alpha scheduled sections of WR 121 each term.

COURSE	FALL	WINTER	SPRING
WR 121	A - G	H - N	O - Z

Canvas: OSU's internet based learning management system. Instructors can utilize Canvas to post notes, assignments, grades, and other essential information. Instructors will notify you (usually in the course syllabus) as to whether or not they are using Canvas. To access Canvas, you will use your "**ONID**" login (see the next page). See page 13 for info about UESP's Canvas studio site.

Class Standing: Students are classified as Freshmen, Sophomore, Junior, and Senior according to the number of university credit hours completed:

Sophomore Standing: **45 credit hours**

Junior Standing: **90 credit hours**

Senior Standing: **135 credit hours**

When registering for courses, it is **IMPORTANT** that you check to see if there is a **class standing requirement** for that course. Many courses require that you have completed enough credits to be considered of sophomore, junior or senior standing before you are eligible to take the course. If that is the case, the restriction will be noted in the online schedule of classes. Your earned credits also have an impact on when you register: the more credits you have, the higher you are on the priority registration list each term.

Closed Classes: You may find that a course you need is closed. What do you do? You can add your name to an **automated wait list** (*NOTE: Not every section has wait listing*). Registration at OSU is divided into **2 phases** with **wait listing featured during the 2nd phase**. In the 1st phase of registration, enrollment for each student is limited to a maximum of 16 credits. **During Phase 2 students can increase their credits loads beyond 16 and also access the wait list feature.** To use the wait list feature:

- Type the CRN into the registration worksheet and click SUBMIT.
- The class will show up as "Closed -Registration Error"
- In the drop down menu next to the class, find "Waitlist Class"
- Then, click Submit again to add yourself to the wait list.

If you are first on a wait list and a spot opens, you will receive an email to your Oregon State email account letting you know you are eligible to add the class. You then have 24 hours to go into the Registration system to add the class. If you don't, that open spot is then offered to the next person on the wait list. More info on wait listing can be found at <http://registrar.oregonstate.edu/waitlisting-courses>. You can also contact the department for a class override. There are no guarantees with this method, but some departments give waivers if they feel the situation warrants it. To find the proper office to contact, find the course in the Schedule of Classes and the address and phone number of the office will be on the header line for the department. Your third option is to go to the class on the first day and ask the professor if they will make space in the class for you. Again, no guarantees with this method!

College: A division of the university offering degree programs. Eleven colleges at OSU work with undergraduates in some capacity. Some courses are restricted to students who are enrolled in that college and/or to majors or minors within that college. If that is the case, the restriction will be listed in the online schedule of classes entry for the course. It will also be notated in the registration system with a "CO+" followed by a code for the college or online with "#major" and a list of majors allowed to take the course. The various college and major codes are listed in the online catalog.

Credits to Graduate: A minimum of 180 credits is required to graduate, which works out to an average of 15 credits per term (Fall, Winter, and Spring) for four years. Students **may not** count more than 11 credits of Physical Activity Courses (PAC), 12 credits of applied music courses (MUP) or 15 credits of Academic Learning Services courses (ALS) toward graduation credit. A minimum of 60 of the 180 credits must be upper division (300 or 400 level) (See page 10 for "What goes into a BA/BS Degree")

CRN: The "Course Reference Number" is a 5-digit number assigned to an individual section of a course. Every lecture, lab, and recitation section has its own CRN.

Department/School: A division of a college offering degree programs within special subject areas. For example: currently the College of Public Health and Human Sciences has two schools: Biological & Population Health Sciences and Social and Behavioral Health Sciences.

Dropping vs. Withdrawing: Dropping and Withdrawing are means to “letting go” of a class, and both actions take place in the online registration system. If you use the system to get out of a registered class prior to the drop deadline of a given term, this means you dropped it, and it disappears from your records. From that point until the end of week seven, you can still get out of a class, but it will be considered a “withdrawal” and will be noted on your transcript with a “W” grade. You can’t earn credits for “W” grades, but they do not affect your GPA. See the **Dates to Remember** on the next page for specific drop and withdrawal deadlines. The electronic process for dropping and withdrawing via the online registration system is the same. You can find a tutorial on the Registrar’s web page:
<http://registrar.oregonstate.edu/video-tutorials>

GPA: Your grade point average is calculated based on letter-graded classes you have taken at Oregon State. **Pass/No Pass** courses, classes taken for an **S/U** grade, and transfer courses are not calculated in your OSU institutional GPA.

Lecture, Hybrid, Lab, Recitation, and Studio: These are types of classes you might have at OSU. Lectures are large group class meetings and are the primary mode of instruction here at OSU. There are also Hybrid classes, which are partially in-person and partially online. Often lectures will be accompanied by Labs and/or Recitations which are smaller group meetings where students will complete activities related to the class. Studios are applied classes in artistic/design oriented disciplines where students do project work for the class.

Major & Minor: Major refers to your primary field of study where you have a significant concentration of classes in a specific academic area. Minor refers to a secondary field of study with a smaller concentration of classes. While everyone has a major, not everyone has a minor. A small handful of majors may require you to have a minor.

MyDegrees: OSU’s degree audit system. It allows you to keep track of your academic progress. It has a wonderful function called “What If” that allows you to visualize yourself as any major on campus and see a listing of requirements for that major. MyDegrees also has a Planner where we will record ideas for possible classes as you explore. See pages 26-28 for more information and screen shots from MyDegrees.

MyOregonState Portal: This is a one-stop shop for many online student resources that includes **MyDegrees, Canvas, Oregon State email, and OSU’s online class registration system**. See page 22 for more information.

No-Show-Drop (NSHD): Certain courses are designated in the Schedule of Classes as NSHD. A student who is registered for such a course and who does not attend during the first five (5) days of the term **WILL** be dropped from the course unless the student has obtained prior permission for absence. (Academic Regulation 9b)

ONID: This is your OSU “Network ID”. Your ONID account not only gets you an Oregon State university email account (which we *strongly encourage* you to use and check every day – see page 23 for more information), but it also grants you access to OSU network tools – including Google apps, **MyOregonState portal, MyDegrees and Canvas**. With a few exceptions where you use your 9 digit Student ID and a 6 digit General Access Pin, OSU essentially uses your ONID ID and password as the single-service login to all its online resources.

Pass/No-Pass (P/N) Grading: Alternative form of grading assigned, by Department, to specific courses. These courses are not included in grade point averages, but a “P” grade will apply to graduation credit.

Phase 1 and Phase 2 Registration: Registration at OSU is divided into two phases. During each phase of registration, you will have a registration day and time that is typically based on the number of credit hours you earned. The more credits you have earned, the earlier you will be able to register. You can find these days and times by going to “Check Your Registration Status” in the Registration Menu of Student Online Service. During Phase 1, you may register for up to 16 credits, and during Phase 2, you may add to your credit total and you may also add your name to a **wait list** provided it is not full (see information in **closed classes** entry). It is important to note that if you don’t complete your Phase 1 registration by the start of Phase 2, you won’t be able to access the registration system until your Phase 2 date.

PIN: Personal Identification Number. University Exploratory Studies Program students are issued a *new PIN each academic term*. To receive your PIN you must schedule an appointment and meet with an advisor. Please understand

though that getting your PIN is a small part of the advising appointment. We require you to come in because we are responsible for regularly discussing your academic progress with you.

Prerequisite: This is a class or classes that provide the background necessary for successful performance in another course. OSU uses an automated check of students' records at the time of registration to ensure students have successfully completed the **prerequisites** for certain courses (e.g. PSY 201 and 202 are prerequisites for PSY 330). You may also encounter classes where the prerequisite is not enforced. While the system may let you register for the class in this instance, *that does not exempt you from needing to know the listed prerequisite content*. Departments have the latitude to dis-enroll students who have not met the prerequisites. UESP strongly recommends that you abide by all prerequisites.

Satisfactory/Unsatisfactory (S/U) Grading: The 'S' grade corresponds to a letter grade of 'A' through 'C+'. The 'U' grade corresponds to a letter grade of "D+" or lower. Students have until the end of the seventh week to change a class to, or from, S/U grading and must obtain approval from their advisor or dean. Up to 36 credit hours may be taken S/U, except those courses required, by department, for major and/or minor options. S/U grades do not apply to GPA calculations. (Academic Regulation 18). Be selective about using S/U!

Dates to Remember (by academic term)

* Please note – some of these may be subject to change depending on COVID-19 trends. Please consult our web site at <http://uesp.oregonstate.edu> where we try to keep you updated on these and other important dates!

Fall 2020

Wed. Sept. 23– Classes begin
Sun. Oct. 4– Last day to add a class via the web
Sun. Oct. 4 – Last day to drop a class via the web (11:55 p.m.)
Mon. Oct. 5 – 2nd Week add period begins (can add a class with instructor and department permission)
Sun. Oct. 11 – 2nd Week add period ends (last day to add a class with instructor and department permission)
Mon. Oct. 26 – UESP Advising for winter term planning begins
Wed. Nov. 11 – Veteran's Day = No Classes
Fri. Nov. 13 – Last day to change to or from S/U Grading (5:00 p.m. deadline) and last day to withdraw from a course (11:55 p.m. deadline)
Nov -26-27 – Thanksgiving – No Classes
Fri. Dec. 4 – Last day for total withdrawal from the term (W grade for all classes – 11:55 p.m deadline)
Dec. 7-11 – Finals Week
Wed. Dec. 16 – Fall term grades available on the web

Winter 2021

Mon. Jan. 4 – Classes begin
Sun. Jan. 10– Last day to add a class via the web
Sun. Jan. 10 – Last day to drop a class via the web (11:55 p.m.)
Mon. Jan. 11– 2nd Week add period begins (can add a class with instructor and department permission)
Sun. Jan. 17 – 2nd Week add period ends (last day to add a class with instructor and department permission)
Mon. Jan. 18 – Martin Luther King, Jr. Day – No Classes
Mon. Feb. 1– UESP Advising for spring term planning begins
Fri. Feb. 19– Last day to change to or from S/U Grading (5:00 p.m. deadline) and last day to withdraw from a course (11:55 p.m. deadline)
Fri. March 12 – Last day for total withdrawal from the term (W grade for all classes – 11:55 p.m deadline)
March 15-19 – Finals Week
Wed. March 24 – Winter term grades available on the web

Spring 2021

Mon. March 29 – Classes begin
Sun. April 4– Last day to add a class via the web
Sun. April 4 – Last day to drop a class via the web (11:55 p.m.)
Mon. April 5– 2nd Week add period begins (can add a class with instructor and department permission)
Sun. April 11 – 2nd Week add period ends (last day to add a class with instructor and department permission)
Sun. April 11– Registration for summer term begins (tentative)
Mon. April 26 – UESP Advising for fall term planning begins
Fri. May 14– Last day to change to or from S/U Grading (5:00 p.m. deadline) and last day to withdraw from a course (11:55 p.m. deadline)
Mon. May 31 – Memorial Day – No Classes
Fri. June 4– Last day for total withdrawal from the term (W grade for all classes – 11:55 p.m deadline)
June 7-11 – Finals Week
Wed. June 16 – Spring term grades available on the web

Mathematics Requirements

The ALEKS Math Placement Test will give you a percentage that will determine where you should start with math at OSU. The type and amount of math you take is dependent on the majors you're considering. All OSU students, regardless of major, need one college level math class to fulfill Bacc Core requirements.

Score	Course Placement
75% - 100%	MTH 251: Differential Calculus
60% - 74%	MTH 112: Elementary Functions MTH 241: Calculus for Management and Social Science MTH 245: Mathematics for Management, Life, and Social Science
46% - 59%	MTH 105: Introduction to Contemporary Mathematics MTH 111: College Algebra MTH 211: Foundations of Elementary Mathematics
30% - 45%	MTH 095: Intermediate Algebra MTH 103: Algebraic Reasoning
15% - 29%	MTH 065: Elementary Algebra
0% - 14%	None (See below for further instructions)

If your score was below 15%, you did not place into any OSU Mathematics courses. You have a couple of options.

You can either:

- Use a Learning Module in ALEKS to review and learn, then take another Math Placement Test to try to improve your placement.
- Consider dual-enrollment in the Degree Partnership with a local community college, such as Linn Benton Community College, to be able to access appropriate prerequisite course(s).

Improve your ALEKS Score

After taking the initial Math Placement Test, you have the opportunity to use a Learning Module within ALEKS to refresh your knowledge of the mathematical topics unique to your MyPie results. ALEKS tells you which mathematical topics you know, and which ones you're ready to learn.

Using a Learning Module in ALEKS:

- Will help you further prepare for your Mathematics courses, increasing your likelihood of success.
- Will help you place into your preferred Mathematics course, saving both time and money.
- Is required before retaking the Math Placement Test.
- Has been shown to significantly improve both student success and course performance.

Meeting the cutoff score for your preferred course is a great start, but does not guarantee success. It's highly recommended that you spend time in a Learning Module to increase your preparation for your math course.

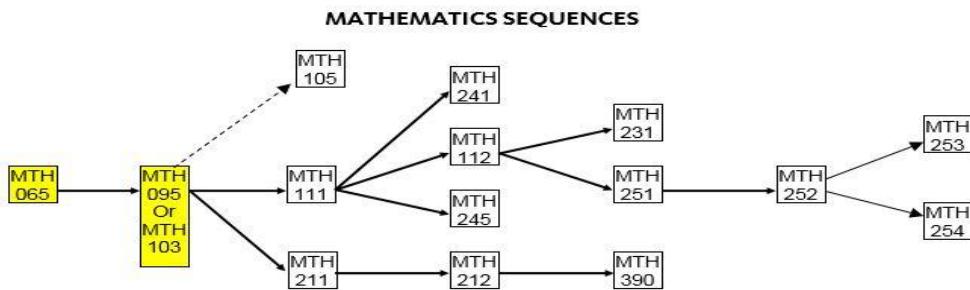
Once you begin a Learning Module, you will have access for 6 months. As you answer questions, you'll see your MyPie fill up, and ALEKS may reassess you from time to time to ensure you have retained the topic information, but this does not count as one of your retests.

Please note: You may choose only one Learning Module. If you are unsure which module to select, use the module recommended by ALEKS.

Retaking the Math Placement Test:

- Before retaking the ALEKS Math Placement Test, you must spend at least 3 hours in your Learning Module, but the more time spent, the higher the likelihood of course placement and course success.
- A retest will become available 48 hours after your previous test attempt.
- The test can be retaken a maximum of four times.

Learn more by consulting the ALEKS website: <http://math.oregonstate.edu/mlc-placement-modules>



Registration in all MTH courses requires a C- or higher in the prerequisite course or appropriate ALEKS Math Placement Test score.

MTH 065 AND MTH 095 are **Pre-College Algebra courses** offered through Extended Campus and carry **NO** credit toward graduation requirements. The credits for these courses do count towards full-time status for the term only. Students register for these courses through the regular registration process and the cost will be added to the tuition and fee billing statement. **MTH 103** is an alternative to MTH 95. It is offered through the Math department and carries elective credit toward graduation.

MTH 105 Introduction to Contemporary Mathematics: Meets the Bacc Core requirement but does not prepare students for the higher math required by some majors. *A C- or better is recommended (not required) in MTH 095 or 103.

MTH 111 College Algebra: The foundation course for most future math classes.

MTH 112 Elementary Functions: Necessary for some majors and useful to those continuing on to Calculus and beyond.

MTH 241 Calculus for Management and Social Science & MTH 245 Mathematics for Management, Life and Social Sciences: Common classes for students in Business (241) and/or Social Science majors (245). Can be taken out of order.

MTH 231 Elements of Discrete Mathematics: Required for computer science majors.

MTH 251, 252, 253, 254 Calculus: MTH 251 & 252 are required for all science & engineering majors. Many of these majors require further math coursework. Note: Many life sciences majors (Biology, Zoology, Environmental Sciences) can take an alternative sequence, **Math 227 and 228** in lieu of 251 and 252.

MTH 211, 212, 390: Foundations of Elementary Mathematics: For those interested in teaching elementary school.

Chemistry Requirements

There are two introductory sequences, a 100-level and a 200-level. There is also a two-term sequence designed for engineering students. Here are suggestions for placement. For more info, see the Registration Information Handbook.

CH 101 – designed to position students for success at either the 1XX or 2XX level of general chemistry.

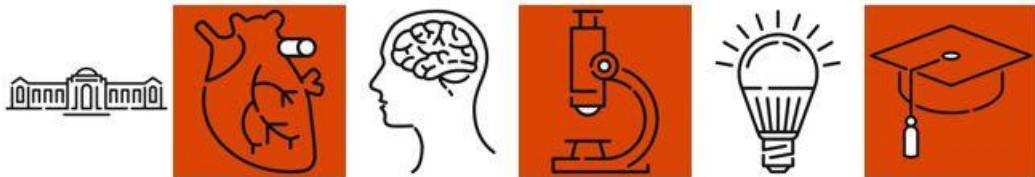
CH 100 sequence (121, 122, 123) – is for students who have little or no high school chemistry AND have placed into or have successfully completed MTH 111 or higher. A more gradual and thorough approach in this sequence will prepare students to take an advanced chemistry course such as CH 331. Students who do not place in MTH 111 should wait to take Chemistry until they have completed Math 95/103. Exception: Students without high school chemistry who have AP credit or placement in MTH 251 or higher may take CH 201, 231/261, or 231H/261H* (*requires enrollment in University Honors College).

CH 200 sequence (231/261, 232/262, 233/263) – is intended for science, pharmacy, chemical engineering, and pre-medical/pre-dental students and others interested in a complete general chemistry sequence. Only students with the following should enroll in CH 231: At least one year of high school chemistry AND successful completion of MTH 111 or higher OR concurrent enrollment in MTH 111 OR placement in MTH 112 or higher. Note, in this sequence, the lecture and lab have separate course numbers.

CH 201 sequence (201 with optional 211 recitation, 202 with 205 lab) – designed for many of the Engineering majors that require a selected knowledge of Chemistry topics. Placement requirements are the same as the CH 231/261 sequence

Degree Partnership Program (DPP)

OSU Online Resources



The following pages include screen shots of several resources that you have at your fingertips to help guide you through your OSU academic experience. During your time with UESP, your advisor will frequently reference these resources. Familiarize yourself with them as you read these pages, but know that we'll make sure to walk you through how to access them when we meet in person.

These resources include:

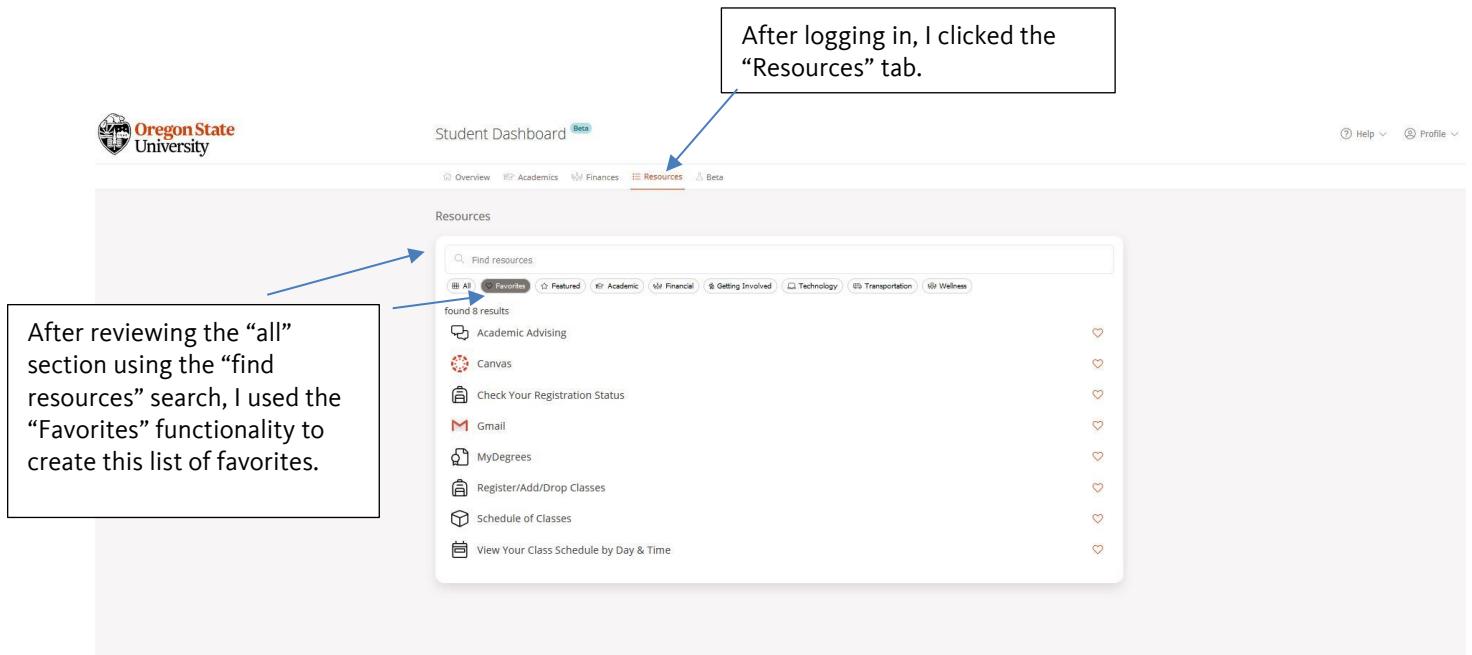
- The **MyOregonState portal**. On Page 22, you can find instructions on how to access this convenient entry point in all of OSU's online resources, and a screen shot of the student page that contains links to all of them.
- Your **Oregon State Email**. On Page 23, find some ideas on how to best use this important communication tool at OSU.
- The **OSU Schedule of classes**. On Page 24, see information on how you can use our enhanced schedule of classes to search for available classes and organize a class schedule.
- The **Online Registration System**. On Page 25, you'll find a screen shot showing what you see when you try to add a class directly in OSU's registration system.
- **MyDegrees**, OSU's degree audit system. Pages 26 -28 highlight the important features of MyDegrees that you'll be using while you are in UESP.

Using the MyOregonState Portal

Go to <https://my.oregonstate.edu> – you can log into this dashboard using your ONID username and password.

From this dashboard, you can get to pretty much any OSU resource that is online. A great way to set up this dashboard is to start on the “Resources” page, use the search functionality to find resources that you want, and create a list of “Favorites” by clicking the  icon.

For example, here is a screenshot of a resources page that links to key resources around advising, registration, academic records, a schedule of classes, as well as Canvas and Gmail.



The screenshot shows the Oregon State University Student Dashboard. At the top, there's a navigation bar with tabs for Overview, Academics, Finances, Resources (which is underlined), and Beta. Below the navigation is a search bar labeled "Find resources" with dropdowns for "All" and "Favorites". The main content area is titled "Resources" and displays a list of 8 results. Each result has a small icon, a link name, and a "Favorites" heart icon to its right. The results listed are: Academic Advising, Canvas, Check Your Registration Status, Gmail, MyDegrees, Register/Add/Drop Classes, Schedule of Classes, and View Your Class Schedule by Day & Time.

After reviewing the “all” section using the “find resources” search, I used the “Favorites” functionality to create this list of favorites.

After logging in, I clicked the “Resources” tab.

The links you find on your dashboard will launch you directly to the online resource. Everything is in one place! Play around with this to create your list of favorite resources.

Using Your Oregon State Email

If you are not a regular email user, we can't stress enough how important it is to get into the habit while you are a student at OSU. Trust us that doing so will help you down the line when you get into the professional workplace. Much like many workplaces, email is the primary mode of communication for the university, and it is how the university will get you timely messages. Make time in your day to read and manage your email. Here are a few things you'll see in your email:

1. Weekly messages from UESP about exploration events on campus and important deadlines. We will also notify you by email when it is time to come in for advising.
2. Regular messages from the university directed at First Year students or new transfer students that help you acclimate to your first year at OSU.
3. Official messages from Financial Aid, Student Accounts, the Registrar, and other important OSU offices.

Here are a few tips for communicating by email:

1. If you are communicating with your faculty or another university staff member, please use your Oregon State email (and not another personal email). Including your OSU ID number in the *body* of your email is helpful.
2. An email is not a text or a tweet. Try to avoid abbreviations and make sure your message is clear to your intended audience.
3. There is an etiquette to writing an email – especially if you are a student writing to your professor. Read more about this here: <https://owl.english.purdue.edu/owl/resource/694/01/> and here: <https://www.insidehighered.com/views/2015/04/16/advice-students-so-they-dont-sound-silly-emails-essay>

Your Oregon State email works off of a Gmail platform. If you have another Gmail account, the web platform for our emails will look familiar. The default interface looks like this:



Note that the default categorizes emails into Primary, Social, and Promotions (some phone platforms do this as well). If you keep this setup, just make sure you are check all three tabs, as sometimes important messages get unexpectedly routed to Social or Promotions. You can also change this feature in the “Settings”, which are located in the drop down menu that you find by clicking on the gear image on the far right of the screen. Once you are in settings, click the “inbox” menu item, and then uncheck all the categories. That will route all of your emails to the Primary tab

A screenshot of the Gmail 'Settings' page specifically for the 'Inbox' tab. At the top, there are tabs for General, Labels, Accounts, etc. A red arrow points to the gear icon in the top right corner. The 'Inbox type:' dropdown is set to 'Default'. Under 'Categories:', there are checkboxes for 'Primary' (checked), 'Social' (checked), 'Promotions' (checked), 'Updates' (unchecked), and 'Forums' (unchecked). A red box highlights the 'Primary' checkbox. To the right, a callout box says 'You can get to Settings through this menu' with a red arrow pointing to the gear icon. At the bottom, there's a note about choosing message categories and a link to go back to the old inbox.

Using the Enhanced Schedule of Classes

OSU has a Schedule of Classes searcher that you can find here:

<https://classes.oregonstate.edu/>

By the summer of the 2020, not only will you be able to use this tool to look at what classes are available for a given term, but you'll also be able to use it to organize your planned schedule and link it to the registration system.

This is what the interface looks like:

The screenshot shows the OSU Class Search interface. On the left, there is a sidebar with various search filters. A blue arrow points from the text box "The left hand menu has a variety of search filters that will allow you to enter search parameters and refine your search." to the sidebar area. The sidebar includes dropdowns for "Fall 2019", "Any Subject", "Any Level", and "Any Campus", followed by a large orange "SEARCH" button. Below this are sections for "Cart" (orange "PRIMARY CART" button) and "ADVANCED SEARCH" (checkboxes for "Honors Course" and "Exclude Times", with an "EDIT" button). The main content area features a sunset background image and a "Welcome to OSU Class Search" message. A callout box on the right side contains the following text: "The left hand menu has a variety of search filters that will allow you to enter search parameters and refine your search. Once you bring up a specific class in the system, you'll see all kinds of details – including a description, prerequisites, class restrictions, etc. And the enhanced scheduling tool in this system come with warning flags that show you if anything would prevent you specifically from registering for a particular class."

There is a login in the upper right hand corner of the screen. To activate the enhanced scheduling features, you'll need to log in with your OSU user name and password:

A screenshot of the OSU Class Search interface. In the top right corner, there is a "Login" button with a user icon. A callout box on the right side contains the following text: "More information on this tool is available on the Office of the Registrar web site:
<https://registrar.oregonstate.edu/video-tutorials>"

Going Old School - Using the Online Registration System

Sample Class – HDFS 462

The Online Schedule of Classes, which you saw on the previous page, feeds into the Online Registration System. Sometimes you'll need to add a class to your schedule directly in the Online Registration System. There are two ways to do so in this system – either by adding a CRN to a registration table and submitting it – or – by using the “class search” function, which is a lot like online shopping. We recommend using the class search function because it allows you to see if a class is open or if you have any time conflicts with your other classes. You can get directly to the Online Registration System by searching for the “**Register/Add/Drop Classes**” link via the Resources page of the **MyOregonState** portal (see page 22). This is what you might see if you tried to register for HDFS 462.

What the Online Registration Screen looks like when you look up a class using the class search function...

OSU Oregon State University

Main Menu Faculty & Advisors Employee Personal Information

Search Go

Look-Up Classes to Add:

To register for classes, check the box in front of the CRN (C identifies a closed class, SR identifies a restricted class) and click Register or Add to Worksheet.

Sections Found
Human Dev and Family Sciences

Select	Day(s)	Time	Subj	Crse Title	Rem Cap	Instructor	Cred	Location	Type	CRN	Major / Minor / Option / Restrictions	Enrollment Cmp	Enforced Prerequisites	Corequisites
<input type="checkbox"/>	TR	08:00am-09:50am	HDFS 462	SKILLS FOR HUMAN SERV PROFESS	15 40	Leah T. Burgy	4.000	WB 205	Lec (P)	16329 +427,430,437	CL-1,2,3	C	HDFS 261 Minimum Grade of D-	

Register Add to Worksheet Class Search

[Student Schedule by Day & Time | Student Detail Schedule | View Fee Assessment | Online Catalog]

RELEASE: 7.3.3.OSU

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If the class is open, you'll see a little box that you can check to select the course. After you check this box, you can register for the class by clicking on the “register” button. The system will let you know here if a section is CLOSED or if you have a TIME CONFLICT with a class already on your schedule. In this case, the class I want is open and doesn't conflict with anything on my schedule.

If a class has an active waitlist, you will see the word “Waitlisted” right below this 5-digit Course Reference Number (CRN). During Phase II of registration, a student is able to add his/her name to a waitlist in the registration system. See this website for more details: <http://registrar.oregonstate.edu/waitlisting-courses>

Any restrictions and enrollment limitations will be listed here. In the case of HDFS 462, you must be a senior to take the class – this coding stands for “class level -- no freshmen (1), sophomores (2), or juniors (3). It is also restricted to students in the three specific major codes listed.

Any prerequisites will be listed here.

Using MyDegrees

MyDegrees is OSU's online degree audit and class planning system. You will work with this system throughout your undergraduate experience, and we'll use the next few pages to highlight some aspects of the system that we'll be using while you are in UESP. Once you declare, your new advisor in your major may have other aspects of MyDegrees that he/she will highlight for you. You can watch tutorial videos on important MyDegrees features at <http://registrar.oregonstate.edu/node/146/#MyDegreesVideosforStudents>.

How you get into MyDegrees – The best way is through the “Student” page of the MyOregonState portal (see page 22 of this handbook).

Degree Checklist – When you first get into MyDegrees, you'll see the “Degree Checklist”. This is an audit of your academic status and of your completed courses against the requirement of the degree.

The screenshot shows the MyDegrees interface. On the left, there's a sidebar with links for Degree Checklist, History, What If, and Look Ahead. The main area is titled "MYDEGREES PROD". It displays student information like Student ID, Campus, and Degree. Below this is a "What If" section for "Bachelor of Science". It lists requirements such as Minimum Credits Requirement, Residency Requirement, and Major Requirements. It also shows a "Major in Exploratory Studies" section with requirements for Exploratory Studies. The "Baccalaureate Core" section lists requirements for Minimum Bacc Core Credits, Fitness, Mathematics, Writing I (WR 121), Writing II, Speech, and Perspectives. An arrow points from the text "MyDegrees notes that here." to the "Major in Exploratory Studies" section.

Students in UESP don't have defined major requirements, because they are exploring. You'll notice how MyDegrees notes that here.

MyDegrees will track your progress in meeting Bacc Core requirements. And, you can run “What If” scenarios to see the degree requirements for majors that might interest you. See the next page to learn how.

Running a MyDegrees “What If” Scenario

This is a great way to get a sense of the requirements for the different majors at OSU. We encourage students to use this tool along with the online catalog and the department web sites as part of their exploration process. Here's how you run a “What If” Scenario:

1. Click the “What If” link on the left hand side.
2. Choose the Campus.
3. Choose the Degree type – Most degrees are Bachelor of Science or Bachelor of Arts and a handful of degrees are Bachelor of Fine Arts. The “What If” automatically populates to the degree type the student currently is under. Some majors give you the choice of degree type while others do not. If you choose a degree type, and the major you want is not listed, that means it may exclusively reside under the other degree type. If you choose a Bachelor of Arts, that typically comes with the obligation to complete coursework in a foreign language.
4. Choose the College.
5. Choose the Major – The “What If” will only list the majors under the College you have selected in the previous step. Many majors have options, and some actually require you to choose one (these will be marked with an *). When running a “What If” scenario, it is a good idea to select an option. If you’re interested in seeing minor requirements, you can also add a minor.
6. Once all parameters are selected, click the “Process What If” button.

The screenshot shows the 'What If' section of the MyDegrees application. On the left, a sidebar menu includes 'Degree Checklist', 'Plans', 'Checklist Notes', 'GPA Calc', 'History', 'What If', 'What If History', and 'Look Ahead'. The 'What If' item is highlighted with a blue arrow. The main area has tabs for 'Degree Checklist', 'Plans', 'Checklist Notes', and 'GPA Calc'. Under 'Format', 'Student View' is selected. There are checkboxes for 'Include in-progress classes' and 'Include pre-registered classes'. A 'Process What-If' button is visible. The 'Select your primary area of study' section contains dropdown menus for 'Academic Year' (2015-16), 'Campus' (Corvallis Campus), 'Level' (Undergraduate), 'Degree' (Bachelor of Arts), and 'College' (College of Liberal Arts). To the right, there are fields for 'Major', 'Option', and 'Minor', each with a '(pick a [type])' placeholder. The 'Select your additional areas of study' section contains similar dropdowns for 'Degree for additional areas', 'College for additional areas', 'Major', 'Option', and 'Minor'. A large text area labeled 'Chosen Areas of study' is shown with an 'Add' button and a 'Remove' button below it.

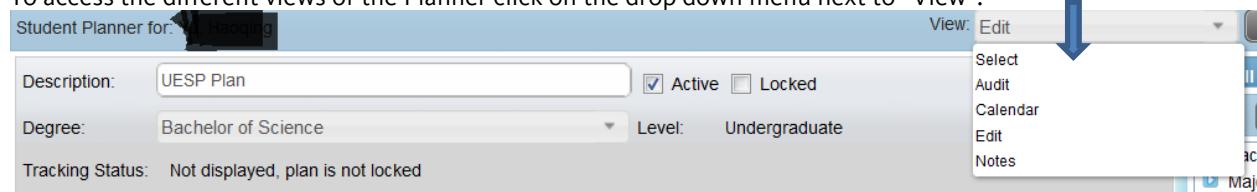
A couple of things about “What If”

- “What if” is an unofficial tally and may not be 100% accurate.
- “What if” works off a “best fit” sorting process. We’ve noticed that this “best fit” function often (but not always) tends to prioritize major and/or college level requirements over Bacc Core in the sorting process. For example, you may look on your Degree Checklist and see a category completed, only to see it show up as incomplete when you run “What if” because the system is now counting the class elsewhere. Your advisor can help you process why this is happening.

Using the MyDegrees Planner

In the Planner we will map out your coursework for a given term or terms. The beauty of the Planner is that it is virtual and accessible by both you and your advisor via web-enabled computers. You certainly don’t have to wait until that appointment to play around with the Planner. Some students like to prepare for their advising appointments by putting together plans. Below are some useful screen shots of different Planner functions with some highlights of tools and resources that are available in this part of My Degrees.

To access the different views of the Planner click on the drop down menu next to “View”:



"Edit" is the default view and you can use this view to add courses and notes for your advising appointments.

This screenshot shows the 'Edit View: Pluses and Minuses' page. It includes sections for 'SEP Plan Header', 'Term Header', and 'List of Requirements'. Various buttons are highlighted with callouts explaining their functions:

- SEP Plan Header:** Buttons include 'Description: Plan for Academic Year 2015-2016', 'Active' (checkbox), 'Locked' (checkbox), 'Degree: Bachelor of Science', 'Level: Undergraduate', 'Tracking Status: Not displayed, plan is not locked', 'To collapse and expand term contents', 'Add a note to this Plan', 'Add a new term', and 'Delete a term'.
- Term Header:** Buttons include 'Reassign' and 'Delete this term'.
- List of Requirements:** Buttons include 'Add a new requirement', 'Delete a new requirement', 'Add a note per Term Header', and 'Add a note per requirement'.

You can either type in the courses (for example, PSY 202) or drag and drop courses:

This screenshot shows the 'Edit View: Adding Courses' page. It features two main sections for adding courses:

- Drag and drop courses from "Still Needed":** Shows a list of courses like ACTG 319 and ACTG 318 being moved into the 'Still Needed' section.
- Drag and drop courses from "Courses":** Shows a list of courses like MTH 201, MTH 202, and MTH 256 being moved into the 'Courses' section.

To add courses to the term, click on the Plus sign within the term and choose "Course":

This screenshot shows the 'Edit View' interface with a 'Add Requirement' dialog box open. The dialog lists several options:

- Bachelor of Science
- Major in Exploratory S
- Baccalaureate Core
- Academic Minor/Minor Divis
- Add Requirement
- Choice
- Course
- GPA
- Non-course requirement
- Placeholder
- Test Score

To view any notes left by your advisor, such as your PIN, use the Notes view:

This screenshot shows the 'Note View: Display Only' page. It displays a note from an advisor:

Testing with PHHS
Degree: Bachelor of Science
Level: Undergraduate
Tracking Status: Not displayed, plan is not locked

The note content is:
Active: Yes
Status: NOT LOCKED
Testing Status: Not displayed, plan is not locked

2014 Winter, Total Credits: 12.0

Course	Credit	Grade	Note
MTH 201	4.0		
MTH 202	4.0		
MTH 256	4.0		
PAC			
Placeholder Requirement			
Willcard			Basic Core in writing

2014 Spring, Total Credits: 6.0

Learnt by Isabelle, Turned on 25-Aug-2015

Additional Resources for Exploratory Students

As you begin the process of exploring academic and career options, remember that there are a host of available resources and support services that can assist in your process.

- **Academic Coaches**

Academic Coaches work with students on study skills and strategies in areas such as time management, note-taking, and exams prep. The coaches are part of the Academic Success Center in Waldo 125. **You can make an appointment with a coach online at <https://coolkidsgetcoached.acuityscheduling.com/schedule.php>.**

- **Academic Success Course (ALS 116)**

The Academic Success Center, coordinates this 2-credit course, which focuses on a range of academic topics geared to give you tools and strategies to help you achieve your academic goals. **Contact your UESP advisor for more information.**

- **Counseling and Psychological Services (CAPS)**

CAPS provides confidential and free individual, group, and couples counseling, as well as consultation services to students. These services are designed to help students understand themselves better, create and maintain satisfying relationships, improve their academic performance, and make healthy and satisfying career and life choices. Their primary location is the 5th floor of Snell Hall. **You can read more about services and how to schedule an appointment with CAPS here - <https://counseling.oregonstate.edu/main/accessing-caps-services>**

- **Disability Access Services**

Students who have a documented disability or believe that they have a disability potentially have access to a wide variety of academic support services. **For further information contact the DAS office in A200 Kerr Administration, at 541-737-4098 or 541-737-3666 TDD or visit their site - <http://ds.oregonstate.edu/>.**

- **Diversity and Cultural Engagement (DCE)**

DCE coordinates initiatives and programming aimed at inclusion and social justice. They have close affiliation with OSU's cultural centers- Asian Pacific Cultural Center, Ettihad Cultural Center, Lonnie B. Harris Black Cultural Center, Pride Center, Native American Longhouse, Women's Center, and Centro Cultural César Chávez. **The main DCE office is in SEC 228 and can be reached at 541-737- 9030.**

- **Educational Opportunity Program (EOP)**

EOP provides instructional, counseling, and academic support services to students who are among the following populations: students of color, students with disabilities, single parents, low income students, veterans, 25+, first generation and students from rural isolated communities. **Visit Waldo Hall 337 or call 541-737-3628. EOP often also supports tutoring for all students, which they conduct in the Cultural Centers.**

- **Learning Corner**

The Learning Corner is a part of the Academic Success Center's website that provides information, tips, and strategies to help you maximize your learning and success. Explore this resource at <http://success.oregonstate.edu/learning-corner>

- **Learning Support for Math, Chemistry, Physics, and Economics**

You can find the Math Learning Center in Kidder Hall 108, the Mole Hole (Chemistry Tutoring) on the 3rd Floor of the Valley Library, the Worm Hole (Physics Tutoring) in Weniger 334, and Economics Tutoring in Bexell 100H.

- **Supplemental Instruction (SI)**

SI is a program that offers peer-led, group study tables for challenging courses. If a class has SI, an announcement will be made the first week. **For more info, see <http://success.oregonstate.edu/supplemental-instruction>**

- **The Undergraduate Research and Writing Studio**

The Undergraduate Research and Writing Studio offers free help with any writing task at any stage of the writing process. Their space on the main floor of the Valley Library is a great space to work on your writing assignments. Learn more at <http://writingcenter.oregonstate.edu/>.

- **Zero to Success in 77 Days**

A week-by-week to-do list for the term. See your Registration Information Handbook or go to <https://uesp.oregonstate.edu/current-students>

